

Friday April 26

Yoga via Zoom (Energizing Soft Flow) Email helenyoga@roadrunner.com (\$20/drop-in; Punch Cards Available) 9-10:15am

Saturday April 27

11-11:30am Storytime Presented by Rey Center Community Garden, Noon Peak Rd — Weather Permitting (Children; Free)

Sunday April 28

4-5:15pm Yoga With Helen (Restorative Flow/Meditation) Black Bear Lodge (\$20pp; \$15 With Freedom Pass; Register: 603-960-1470)

Monday April 29 **Tuesday** April 30

4-6pm Pickleball (Advanced) Recreation Department Gymnasium (3.5 & Above; \$6pp, Free/Members) Black Bear Lodge (\$20pp; \$15 With Freedom Pass; Register: 603-960-1470) 5-6:15pm Yoga With Helen (Gentle All Levels)

Wednesday May 1

8:30am-3pm Rail Trail Cycling Adventure Meet at Recreation Dept. (\$25; \$15/Mem; Includes Transport; Reg: wvrd.recdesk.com)

Thursday May 2

4-6pm Pickleball (All Play) Recreation Department Gymnasium (Ages 14+; All Abilities; \$6pp)

Friday May 3

9-10:15am Yoga via Zoom (Energizing Soft Flow) Email helenyoga@roadrunner.com (\$20/drop-in; Punch Cards Available) 3-6pm Pickleball (Advanced) Recreation Department Gymnasium (3.5 & Above; \$6pp, Free/Members) Recreation Department (All Ages; \$5/Y; \$6/A; Members/Freedom Pass Free) 6:30-8pm Open Gym May 4 **WATERVILLE VALLEY FEIS (Irish Dance Competition)**

Saturday

8:30am-4pm Waterville Valley Feis Ice Arena (Spectators Welcome: Free Admission: BYOChair) 9am-3pm Guided Hike Quincy Pasture Forest/Bog Meet at Recreation Dept by 8:45am (\$20; \$5/Member: Reg: wvrd.recdesk.com)

9:15-10:15am Indoor Cycling with Amy Recreation Department (\$12; Members Free; Arrive Early; Bikes 1st Come, 1st Served) Bear Factory (Build Your Own Animal) Recreation Dept (\$35/Animal; \$30 for Mem; Discount w/ Freedom Pass; \$10/Accessory) 10am-12pm Rec. Dept. Gym (6&Under w/ Ad; \$5/Ch; Supervising Ad Free; Mem/Freedom Pass Free)

10:30-11:30am Tot Open Gym

Storytime Presented by Rey Center Community Garden, Noon Peak Rd — Weather Permitting (Children; Free) 11-11:30am 11:30am-12:30pm Open Gym Recreation Department (All Ages; \$5/Y; \$6/A; Members/Freedom Pass Free)

12:30-2:30pm Pickleball (All Play) Recreation Department Gymnasium (Ages 14+; All Abilities; \$6pp)

Sunday May 5 **WATERVILLE VALLEY FEIS (Irish Dance Competition)**

8:30am-4pm Waterville Valley Feis Ice Arena (Spectators Welcome: Free Admission: BYOChair)

4-5:15pm Yoga With Helen (Restorative Flow/Meditation) Black Bear Lodge (\$20pp; \$15 With Freedom Pass; Register: 603-960-1470)

Monday May 6

Pickleball (All Play) 4-6pm Recreation Department Gymnasium (Ages 14+; All Abilities; \$6pp)

Tuesday May 7

4-6pm Pickleball (Advanced) Recreation Department Gymnasium (3.5 & Above; \$6pp, Free/Members) Yoga With Helen (Gentle All Levels) Black Bear Lodge (\$20pp; \$15 With Freedom Pass; Register: 603-960-1470) 5-6:15pm

Wednesday May 8 **Thursday** May 9

4-6pm Pickleball (All Play) Recreation Department Gymnasium (Ages 14+; All Abilities; \$6pp)

Friday May 10 COMMUNITY CLEAN-UP DAY

9-10:15am Yoga via Zoom (Energizing Soft Flow) Email helenyoga@roadrunner.com (\$20/drop-in; Punch Cards Available) 10am-3pm Community Clean-Up Meet at Recreation Dept. (All; Bags Provided; Spring Gifts & Snacks Provided) 6:30-8pm Open Gym Recreation Department (All Ages; \$5/Y; \$6/A; Members/Freedom Pass Free)

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WELCOME SHINE CONFERENCE — May 9-11

Information herein is subject to error, omission, withdrawal or change without notice. Some activities/businesses may have limited operating capacity, age requirements, be weather dependent, charge a fee, require preregistration, have health and safety requirements, and experience staffing challenges. Waterville Valley Resort, Waterville Valley Resort Association and Waterville Valley lodging properties are not responsible for errors or changes. Call ahead or check websites to confirm info.

Saturday May 11

10am-12pm Bear Factory (Build Your Own Animal) Recreation Dept (\$35/Animal; \$30 for Mem; Discount w/ Freedom Pass; \$10/Accessory)
10:30-11:30am Tot Open Gym Rec. Dept. Gym (6&Under w/ Ad; \$5/Ch; Supervising Ad Free; Mem/Freedom Pass Free)

HILLTOP HUSTLE 5K

11-11:30am Storytime Presented by Rey Center Community Garden, Noon Peak Rd — Weather Permitting (Children; Free)

11:30am-12:30pm Open Gym Recreation Department (All Ages; \$5/Y; \$6/A; Members/Freedom Pass Free)

12:30-2:30pm Pickleball (All Play) Recreation Department Gymnasium (Ages 14+; All Abilities; \$6pp)

Sunday May 12

7:30am Hilltop Hustle Check-in Opens Town Square (Details: freshtracksraces.com; \$35; \$40 Race Day; Under 13 Free)

9am Hilltop Hustle Race Starts Town Square to Mt. Tecumseh Base Area

9:40am Mountain to Town Square Shuttle Every 20 Minutes

9:50am Hilltop Hustle Prizes & Raffle

4-5:15pm Yoga With Helen (Restorative Flow/Meditation) Black Bear Lodge (\$20pp; \$15 With Freedom Pass; Register: 603-960-1470)

WELCOME WARRIORS CONFERENCE — May 16-18

Monday May 13

4-6pm Pickleball (All Play) Recreation Department Gymnasium (Ages 14+; All Abilities; \$6pp)

Tuesday May 14

4-6pm Pickleball (Advanced) Recreation Department Gymnasium (3.5 & Above; \$6pp, Free/Members)
5-6:15pm Yoga With Helen (Gentle All Levels) Black Bear Lodge (\$20pp; \$15 With Freedom Pass; Register: 603-960-1470)

Wednesday May 15 Thursday May 16

4-6pm Pickleball (All Play) Recreation Department Gymnasium (Ages 14+; All Abilities; \$6pp)

Friday May 17

9-10:15am Yoga via Zoom (Energizing Soft Flow) Email helenyoga@roadrunner.com (\$20/drop-in; Punch Cards Available)

Saturday May 18

8:30am-5pm Wilderness First Aid Course Recreation Department (Advance Registration Required; wvrd.recdesk.com)

11-11:30am Storytime Presented by Rey Center Community Garden, Noon Peak Rd — Weather Permitting (Children; Free)

Sunday May 19

8:30am-5pm Wilderness First Aid Course Recreation Department (Advance Registration Required; wvrd.recdesk.com)
4-5:15pm Yoga With Helen (Restorative Flow/Meditation) Black Bear Lodge (\$20pp; \$15 With Freedom Pass; Register: 603-960-1470)

WILDERNESS FIRST AID CLASS

WILDERNESS FIRST AID CLASS

Monday May 20

4-6pm Pickleball (All Play) Recreation Department Gymnasium (Ages 14+; All Abilities; \$6pp)

Tuesday May 21

4-6pm Pickleball (Advanced) Recreation Department Gymnasium (3.5 & Above; \$6pp, Free/Members)
5-6:15pm Yoga With Helen (Gentle All Levels) Black Bear Lodge (\$20pp; \$15 With Freedom Pass; Register: 603-960-1470)

Wednesday May 22

8:45am-3pm Mixed Surface Bike Ride—Rumney Meet at Recreation Dept. (13+; \$20; \$15/Mem; Inc Transport; Reg: wvrd.recdesk.com)

Thursday May 23

4-6pm Pickleball (All Play) Recreation Department Gymnasium (Ages 14+; All Abilities; \$6pp)





